# The Four Phase Model of Interest Development

Interest describes participation, an individual's

- psychological state during engagement, and
- their motivation to reengage particular content over time.
- physiologically based

\* exists and develops through interactions with others and the design of the environment

New interests may develop at any age, and by individuals regardless of their gender and/or race and ethnicity.

Characteristics of interest assessed at the level of the individual, apply at least generally, to the level of the group.

K. Ann Renninger, Department of Educational Studies, Swarthmore College, Swarthmore, PA USA (krennin1@swarthmore.edu)

### When interested, people will...

Search for relevant information Seek deeper understanding Persevere, even when faced with difficulty Engage in meaningful learning

> (e.g., more attentive, willing to extend effort, able to pursue and realize goals, effectively use strategies)

## Indicators of interest development

Positive feelings, in addition to:

Frequency of engagement

Depth of engagement

and, given the opportunity,



Voluntary and/or

Independent engagement

#### Less-Developed (Earlier)

#### TRIGGERED SITUATIONAL INTEREST

Learners:

- Attend to content, if only fleetingly
  Need support to engage from others (e.g., group work, instructional conversation) or through instructional design (e.g., software)
- •May experience either positive or negative feelings
- •May or may not be reflectively aware of the experience

Phase 1

#### MAINTAINED SITUATIONAL INTEREST

Learners:

• Re-engage content that previously triggered attention

- •Are supported by others to find connections between their skills, knowledge, and prior experience
- •Have positive feelings
- •Are developing knowledge of the content
- •Are developing a sense of the content's value

Phase 2

EMERGING INDIVIDUAL INTEREST

#### Learners

•Independently re-engage content

- •Have curiosity questions
- •Self-regulates to pursue own focus
- •Have positive feelings
- Have stored knowledge and stored value

Are focused on their own questions
May have little value for the canon of the discipline and most feedback

Phase 3

#### WELL-DEVELOPED INDIVIDUAL INTEREST

More-Developed (Later)

#### Learners:

- •Independently re-engage content
- •Have curiosity questions
- •Self-regulate easily to reframe questions and seek answers
- •Have positive feelings
- •Can persevere through frustration and challenge to meet goals
- •Recognize others' contributions to the discipline
- •Actively seek feedback

Phase 4

Figure 1: The Four-Phase Model of Interest Development (Hidi & Renninger, 2006), Revised; Renninger & Hidi (2022).

Feedback needs Learners need:

- To feel genuinely appreciated for the efforts they have made
- A limited number of concrete suggestions

Learners need:

- To feel genuinely appreciated for the efforts they have made
- Support to explore their own ideas

Learners need:

- To feel that their ideas and goals are understood
- To feel genuinely appreciated for their efforts
- Feedback that enables them to see how their goals can be more effectively met

Learners need:

- To feel that their ideas have been understood
- Constructive feedback
- Challenge

More-Developed (Later)

### Less-Developed (Earlier)

#### TRIGGERED SITUATIONAL INTEREST

Learners:

- Attend to content, if only fleetinglyNeed support to engage from others (e.g., group work,
- instructional conversation) or through instructional design (e.g., software)
- •May experience either positive or negative feelings
- •May or may not be reflectively aware of the experience

Phase 1

#### MAINTAINED SITUATIONAL INTEREST

#### Learners:

- •Re-engage content that previously triggered attention
- •Are supported by others to find connections between their skills, knowledge, and prior experience
- •Have positive feelings
- •Are developing knowledge of the content
- •Are developing a sense of the content's value

Phase 2

EMERGING INDIVIDUAL INTEREST

#### Learners:

- •Independently re-engage content
- •Have curiosity questions
- •Self-regulates to pursue own focus
- •Have positive feelings
- •Have stored knowledge and stored value
- Are focused on their own questionsMay have little value for the canon of the discipline and most feedback

Phase 3

#### WELL-DEVELOPED INDIVIDUAL INTEREST

#### Learners:

- •Independently re-engage content
- •Have curiosity questions
- •Self-regulate easily to reframe questions and seek answers
- •Have positive feelings
- •Can persevere through frustration and challenge to meet goals
- •Recognize others' contributions to the discipline
- •Actively seek feedback

Phase 4

Feedback needs

Feedback

wants

Learners need:

- To feel genuinely appreciated for the efforts they have made
- A limited number of concrete suggestions

Learners need:

- To feel genuinely appreciated for the efforts they have made
- Support to explore their own ideas

Learners need:

- To feel that their ideas and goals are understood
- To feel genuinely appreciated for their efforts
- Feedback that enables them to see how their goals can be more effectively met

Learners need:

- To feel that their ideas have been understood
- Constructive feedback
- Challenge

More-Developed (Later)

### Less-Developed (Earlier)

#### TRIGGERED SITUATIONAL INTEREST

Learners:

- •Attend to content, if only fleetingly
- •Need support to engage from others (e.g., group work, instructional conversation) or through instructional design (e.g., software)
- •May experience either positive or negative feelings
- •May or may not be reflectively aware of the experience

#### MAINTAINED SITUATIONAL INTEREST

#### Learners:

•Re-engage content that previously triggered attention

- •Are supported by others to find connections between their skills, knowledge, and prior experience
- •Have positive feelings
- •Are developing knowledge of the content
- •Are developing a sense of the content's value

### EMERGING INDIVIDUAL INTEREST

#### Learners:

- •Independently re-engage content
- •Have curiosity questions
- •Self-regulates to pursue own focus
- •Have positive feelings
- •Have stored knowledge and stored value

Are focused on their own questionsMay have little value for the canon of the discipline and most feedback

#### WELL-DEVELOPED INDIVIDUAL INTEREST

#### Learners:

- •Independently re-engage content
- •Have curiosity questions
- •Self-regulate easily to reframe questions and seek answers
- •Have positive feelings
- •Can persevere through frustration and challenge to meet goals
- •Recognize others' contributions to the discipline
- •Actively seek feedback

Phase 4

Learners want:

• To have their ideas respected

Phase 1

- Others to understand the difficulty of working with this content
- Concrete suggestions
- To be told what to do

Learners want:

- To have their ideas respected
- Concrete suggestions
- To be told what to do

Phase 2

Learners want:

- To have their ideas respected
- To express their ideas

Phase 3

• NOT to be told to revise present efforts

Learners want:

- To have their ideas respected
- Information and feedback
- To balance their personal standards with more widely accepted disciplinary standards

## Selected References

- Boeder, J. D., Postlewaite, E. L., Renninger, K. A., & Hidi, S. E. (2021). Construction and validation of the Interest Development Scale. *Motivation Science*, 7(1), 68–82. <u>https://doi.org/10.1037/mot0000204</u>
- Hidi, S. & Renninger, K. A. (2006). The four-phase model of interest development. *Educational Psychologist*, 41(2), 111-127. https://doi.org/10.1207/s15326985ep4102\_4
- Lewalter, D., Gegenfurtner, A., & Renninger, K. A. (2021). Out-of-School programs and interest:Design considerations based on a meta-analysis. *Educational Research Review*, 34, https://doi.org/10.1016/j.edurev.2021.100406
- Renninger, K.A., Gantt, A.L. & Lipman, D.A. (2022). Comprehension of argumentation in mathematical text: what is the role of interest?. *ZDM Mathematics Education*. https://doi.org/10.1007/s11858-022-01445-4
- Renninger, K. A. & Hidi, S. E., (2022). Interest: A unique affective and cognitive motivational variable that develops. In A. Elliot (Ed.), *Advances in Motivation Science*. Vol. 8. New York: Elsevier. https://doi.org/10.1016/bs.adms.2021.12.004
- Renninger, K. A. & Hidi, S.E. (2021). Interest development, self-related information processing, and practice. *Theory into Practice*. <u>https://doi.org/10.1080/00405841.2021.1932159</u>
- Renninger, K. A. & Hidi, S. E. (2020). To level the playing field, develop interest. *Policy Insights from the Behavioral and Brain Sciences 7* (1), 1-9. <u>https://doi.org/10.1177/2372732219864705</u>

Frequency of engagement

Depth of engagement