

PASCI Student Self-Concept Inventory

Enter name or ID: _____ Circle sex: F M

Circle school grade: 6 7 8 9 10 11 12 Fr So Jr Sr Grad

Instructions

Please answer each item below by checking (✓) the most appropriate blank in the series. Consider this example:

Do you often have trouble saying "no" to a sales person?

practically never _ _ _ _ _ very often

If you never or almost never have trouble saying "no" to a sales person you should check the last blank on the left, on the "practically never" side. If you always or very often have difficulty when faced with this kind of experience, you should check the farthest blank on the right. If you fall in between these two extremes, check the blank which you believe most applies to yourself that is in between the two end points.

Take a reasonable amount of time to complete this form accurately, but do not spend too much time reflecting. Remember that your initial reaction is often the most valid.

1. Do you often think of yourself as an outstanding student?

practically never _ _ _ _ _ very often

2. How much do you worry about whether other people will regard you as a success or a failure in your job or in school?

practically never _ _ _ _ _ very often

3. How often are you troubled with shyness?

practically never _ _ _ _ _ very often

4. Do you ever think that you have more ability in mathematics than most of your classmates?

practically never _ _ _ _ _ very often

5. Do you often wish or fantasize that you were better looking?

practically never _ _ _ _ _ very often

6. Do you ever think of yourself as more athletic than most people?

practically never _ _ _ _ _ very often

7. Do you ever feel less capable academically than others at your grade level?

practically never _ _ _ _ _ very often

8. Do you think of yourself as a worthwhile person?

practically never _ _ _ _ _ very often

9. Do you often think that you are quite physically attractive?

practically never _ _ _ _ _ very often

10. Have you ever thought that you had a greater ability to read and absorb articles and textbooks than most people?

practically never _ _ _ _ _ very often

11. How often do you have difficulty expressing your ideas in writing for class assignments?

practically never _ _ _ _ _ very often

12. When you think that some people you meet might have an unfavorable opinion of you, how concerned or worried do you feel about it?

not at all worried _ _ _ _ _ very worried

13. Most of the time, do you genuinely like yourself?

practically never _ _ _ _ _ very often

14. Do you ever doubt that you are a worthy person?

practically never _ _ _ _ _ very often

15. Do you often think of yourself as good at mathematical problems?

practically never _ _ _ _ _ very often

16. Do you think of yourself as a generally competent person who can do most things well?

practically never _ _ _ _ _ very often

17. Compared with others, how confident do you feel in your mathematical abilities?

not at all confident _ _ _ _ _ very confident

18. Have you ever thought that you lacked the ability to do well at recreational activities involving coordination and physical agility?

practically never _ _ _ _ _ very often

19. Do you think of yourself as someone who can do quite well on exams and assignments in most of your classes?

practically never _ _ _ _ _ very often

20. How often do you feel concerned about what other people think of you?

practically never _ _ _ _ _ very often

21. Have you ever felt inferior to most other people in athletic ability?

practically never _ _ _ _ _ very often

22. How confident are you that others see you as physically appealing?

not very confident _ _ _ _ _ very confident

23. Do you usually feel comfortable and at ease meeting new people?

practically never _ _ _ _ _ very often

24. How much do you worry about criticisms that might be made of you by others?

not very much at all _ _ _ _ _ very much

25. Do you ever feel that you are less physically attractive than you would prefer to be?

practically never _ _ _ _ _ very often

26. Do you feel comfortable and at ease when entering a conversation at a gathering where people are already talking?

practically never _ _ _ _ _ very often

27. When involved in sports requiring physical coordination, are you usually confident that you will do well?

practically never _ _ _ _ _ very often

28. Are you frequently concerned about your ability to do well in school?

practically never _ _ _ _ _ very often

29. Do you ever feel especially proud of, or pleased with, your looks and appearance?

practically never _ _ _ _ _ very often

30. When trying to do well at a sport, how confident are you that your physical abilities will make it possible for you to do well?

not at all confident _ _ _ _ _ very confident

31. How much do you worry about how well you get along with other people?

not very much _ _ _ _ _ very much

32. When in a group of people, do you have trouble thinking of the right things to talk about?

practically never _ _ _ _ _ very often

33. Do you often feel nervous or self-conscious when called upon to speak in front of others?

practically never _ _ _ _ _ very often

34. When you have to read an essay and understand it for a class assignment, how worried or concerned do you feel about it?

practically never _ _ _ _ _ very often

35. When you have to write an essay to convincingly express your ideas, how confident do you feel that you have done a good job?

not at all confident _ _ _ _ _ very confident

36. How often have you felt that your mathematical ability was far below that of your classmates?

practically never _ _ _ _ _ very often

37. How often do you feel that you have a strong sense of self-respect?

practically never _ _ _ _ _ very often

38. Are you often concerned that your school performance is not up to par?

practically never _ _ _ _ _ very often

39. How confident do you feel about your ability to do well on a standardized achievement test with respect to the verbal comprehension portion?

not at all confident _ _ _ _ _ very confident

40. How confident do you feel about your ability to do well on a standardized achievement test with respect to the mathematics portion?

not at all confident _ _ _ _ _ very confident

Note: For the remaining items the term "family" refers to your parents or adult guardians - the family that you grew up with. If family members are far away or not living, try to answer as you would have when you were together.

41. Have you often wished that your family would be more supportive of you?

practically never _ _ _ _ _ very often

42. Do you often think that your family holds you in high regard?

practically never _ _ _ _ _ very often

43. Do you sometimes feel that your family does not respect your individuality?

practically never _ _ _ _ _ very often

44. Do you usually feel that your family sees you as capable and competent?

practically never _ _ _ _ _ very often

45. Do you ever feel that your family does not accept you for yourself?

practically never _ _ _ _ _ very often